Claiming Meaning and Purpose in Nursing: Mhy It Matters JOIN US IN CELEBRATING LOS ANGELES. CALIFORNIA APRIL 4-5, 2024

http://ethicsofcaring.org

## **Conference Description**

Nurses have forever known what nursing is and indeed why nurses matter. Every day in all the settings nurses practice, our value and importance are both affirmed and challenged. Circumstances, history, and systems can foster or hinder core values and expectations of who we are and what we do. Some are suggesting a re-visioning of nursing; inviting us to celebrate the essence of our profession and its timeless commitments, while simultaneously urging us to lift our voices and energies to create the change we want to see. Ethics asks us to develop clarity on our meaning and purpose, to use our Code of Ethics for Nurses to reinforce what we are called to do, and to not just work around systems but to change them to reflect an ethic of caring. Nurses can make an immediate difference in their care of both patients, families, and colleagues. Nursing's impact can ripple across society in addressing some of the most pressing issues of our time: the epidemic of isolation and loneliness, inequities in health care, safe staffing, care of the most vulnerable, clinician burnout and the exodus from the nursing profession. Reconnecting to meaning and purpose become a wellspring to empower us to disrupt the status quo. Nursing's contributions matter more than ever. Using the power of story and embracing the narrative of nurses, we hope that you will join us to reflect, dialogue, and celebrate who we are, what we can do, and how we can transform our profession in mighty ways.

#### **Objectives**

- Examine how meaningfulness is found in caring, through both the relational aspect and as a moral imperative.
- Discuss the essential elements in the nursing profession that honor timeless commitments and position nurses to play a leading role in improving health outcomes.
- Identify two essential ethical competencies for moral agency for healthcare providers to create and sustain health care systems responsive to peoples' needs.
- Integrate nursing's primary meaning, purpose, and values into systems, solutions, and societal views of caregiving.
- Demonstrate strategies that will powerfully communicate to ourselves, our colleagues, and our patients, families, and communities, that we all "matter."

#### CNE

Children's National Hospital is accredited with distinction as a provider of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

For details: https://ethicsofcaring.org/continuing-education/Contact Hours will be provided for each full day attended: Includes POSTER SESSIONS DAILY16.50 CNE for both days.Day #1: 8.25 CNE\*\* No partial CE credit given. Must attend all sessions on one or both days.

Successful Completion: Successful completion to obtain NCPD contact hours includes registration for symposium and pay any required fee. Attestation of attendance for the day contact hours are being claimed, and completion of the online evaluation for each day attended.

Evaluations and Awarding of Contact Hours: Electronic evaluations and contact hour certificates will be emailed to participants a few days following the conference.

<u>Please be mindful to check spam folders to ensure you do not miss the email.</u> <u>Please use a computer so you are able to print your certificate.</u>

Questions: Contact Kathy DuBois, MSN, RN, NPD-BC email: <u>kdubois@childrensational.org</u>

### **CONFLICTS OF INTEREST**

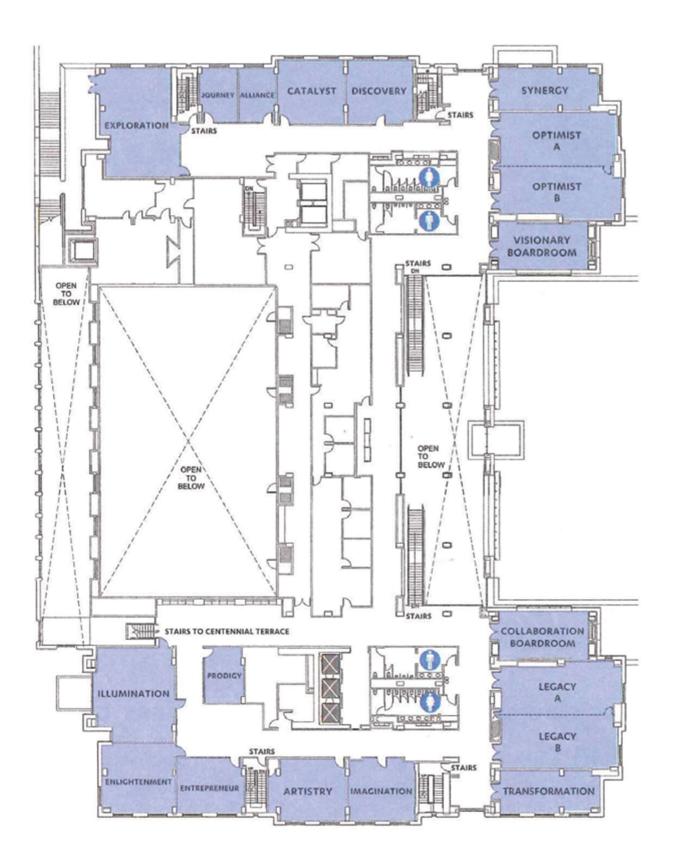
The planners and presenter(s)/author(s) of this CE activity have disclosed all relevant financial, professional, or personal relationships with any commercial companies pertaining to this activity. When a potential conflict of interest exists, it will be disclosed at the beginning of the individual session have disclosed all relevant financial, professional, or personal relationships with any commercial companies pertaining to this activity. When a potential conflict of interest exists, it will be disclosed at the beginning of the individual session have disclosed all relevant financial, professional, or personal relationships with any commercial companies pertaining to this activity. When a potential conflict of interest exists, it will be disclosed at the beginning of the individual session.

## **OUR COMMITMENT**

- Welcoming participants of all backgrounds to create an environment that is respectful and inclusive
- Healthy farm-to-table Californian cuisine buffet breakfasts and lunches each day (built-in to registration fee)
- A beautiful environment surrounded by art and wellness practices
- One breakout session each day that allows for an immersion & depth of understanding in the topic of choice
- Opportunity for discussion and practical guidance
- Acknowledgment of excellence in ethics through the Nursing Ethics Leadership Award
- Ending Day One with a wine & hors d'oeuvre reception on the terrace

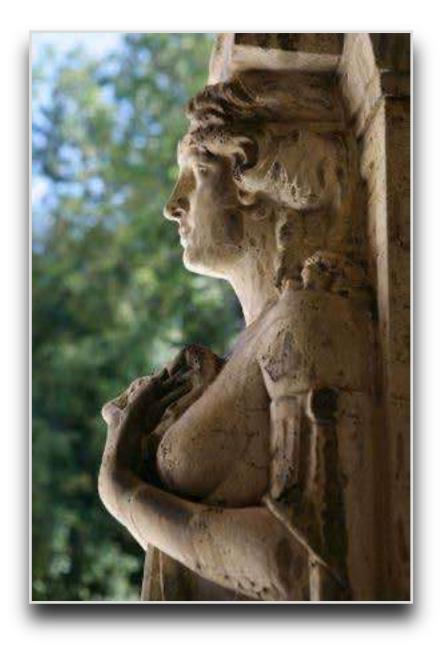
### **CONFERENCE MEALS**

Full Breakfast Buffet: 6:30 AM Thursday and Friday in the Centennial Foyer Lunch Buffet: Thursday and Friday on the verandah (Centennial Terrace) Reception: Thursday evening on the Centennial Terrace



Breakout Rooms, **2**<sup>nd</sup> floor, <u>LUSKIN CONFERENCE CENTER FLOOR PLANS</u>

The purpose of life is to discover your gift. The work of life is to develop it. The meaning of life is to give your gift away. DAVID VISCOTT



# **DAY ONE: Agenda & Speakers**

Purpose in Vursing: Why It Watters Claiming Meaning and LOS ANGELES, CALIFORNIA

Thursday, April 4, 2024

TIME	The Story of Nursing: Ethical Competence and Agency		
6:30-7:30	Buffet Breakfast		
7:45-8:00	Welcome – Katherine Brown-Saltzman, RN, MA		
8:00-9:15 Centennial Ballroom	Keynote Taking Care: The Story of Nursing and its Power to Change Our World Sarah DiGregorio Author		
9:15-9:45	Break and Poster Session - Coffee, Tea & Snacks		
9:45-11:00 Centennial Ballroom	Plenary A Foundation of Moral Strength Christine Grady, MSN, PhD Chief, Dept of Bioethics, NIH Clinical Center		
1100-11:10 Centennial Ballroom	Introduction to Discussion Session Competency Building		
11:10 - 11:25	Break – Coffee, Tea & Snacks		
11:25-12:30 Centennial Ballroom	Discussion Sessions for Competency Building Using Nursing Opportunities to Cultivate Cultures of Connection and Belonging NNEC Faculty & Speakers		

12:30-13:30	Lunch – Served on the Veranda		
13:30-15:15	BREAKOUT SESSIONS		
Optimist A	<ul> <li>Building Skills and Competencies to Navigate the World of Advocacy and Healthcare Policy</li> <li>Anna Dermenchyan, PhD, RN, CCRN-K, CPHQ</li> <li>Interim Chief Quality Officer of the Department of Medicine</li> <li>UCLA Health</li> </ul>		
Visionary Boardroom	<ul> <li>Introduction to Nursing Ethics: A Relational Framework Erin Marturano, MBE, MSN, RN Ethics Manager, Hospital of the University of Pennsylvania</li> </ul>		
Catalyst	<ul> <li>Seeing Near and Seeing Far: Powerful Op-ed Writing for Nurses</li> <li>Sarah DiGregorio</li> <li>Author</li> </ul>		
Illumination	<ul> <li><u>Understanding Patients' Perspectives About Ethical Challenges</u></li> <li>Christine Grady, MSN, PhD</li> <li>Chief, Dept of Bioethics, NIH Clinical Center</li> </ul>		
Exploratory	<ul> <li>Enhancing Moral Agency and Decreasing Moral Distress: Hospital Policy is a Viable Tool for Clinicians</li> <li>Ellen M. Robinson, RN, PhD, HEC-C, FAAN         <ul> <li>Nurse Ethicist &amp; Co-Leader, Optimum Care (Ethics) Committee/ Consultation Service Massachusetts General Hospital, Boston, MA</li> <li>Brian P. Cyr, MSN, RN-BC             <ul> <li>Nurse Director and Ethicist, Massachusetts General Hospital</li> <li>Joan Henriksen, PhD, RN, HEC-C</li> <li>Clinical Ethicist, Allina Health</li> <li>Faculty, University of Minnesota Center for Bioethics</li> </ul> </li> </ul></li></ul>		
Optimist B	<ul> <li><u>The Paradox of Over-responsibility and the Social Covenant of Nursing</u> Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC Director, Nursing Programs American Nurses Association</li> <li><u>Mattering: Applications for Spiritual Self Care and Patient Care</u></li> </ul>		
Discovery	Elizbeth Johnston Taylor, PhD, RN, FAAN Professor, Loma Linda University School of Nursing		
15:15-15:45	Break & Poster Session – Coffee, Tea & Snacks		

15:45-16:45 Centennial Ballroom	Closing: When the Nurse is a Patient: Employing Ethical Competence as We Advocate for Self and Others Melissa A. Fitzpatrick, MSN, RN, FAAN President, Kirby Bates Associates	
16:45-17:30 Centennial Ballroom	<ul> <li>Learning from an Ethics Leader – Interview with Award Recipient of the Ethics of Caring National Nursing Leader Ethics Award.</li> <li>Lucia D. Wocial, PhD, FAAN, RN, HEC-C</li> <li>Senior Clinical Ethicist and Assistant Director John J. Lynch, MD Center for Ethics Senior Affiliate Faculty, Charles Warren Fairbanks Center for Medical Ethics, Indiana University Health Adjunct Professor, Georgetown University School of Nursing</li> </ul>	
17:30-17:40 Centennial Ballroom	Evaluation and Closing Comments	
17:40-18:45	Reception on the Veranda	





**NNEC DAY TWO: Agenda & Speakers** 

Friday, April 5, 2024

TIME	Reconnecting to Our Meaning and Purpose		
06:00-07:00	Wellness Option Campus Morning Walk with (Ms. Soo Kwon Meet in Lobby)		
06:30-07:30	Buffet Breakfast		
07:45-08:00 Centennial Ballroom	Welcome – Angie Knackstedt, BSN, RN, NPD-BC		
08:00-09:15 Centennial Ballroom	Keynote: Lost and Found: Belonging through Meaning and Purpose Katherine Brown-Saltzman, MA, RN Emeritus, Co-director UCLA Health Ethics Center President, Ethics of Caring		
9:15-9:45	Break and Poster Session - Coffee, Tea & Snacks		
9:45-11:00 Centennial Ballroom	Plenary: <b>The Necessary Transformation and Reshaping of Healthcare</b> Katie Boston-Leary, PhD, MBA, MHA, RN, NEA-BC Director of Nursing Programs, American Nurses Association		
11:00-11:15	Break - Coffee, Tea & Snacks		
11:15-12:30 Centennial Ballroom	Discussion Sessions for Competency Building Looking in the Mirror: Recognizing Our Past and Moving Forward with our Personal and Professional Stories NNEC Faculty & Speakers		
12:30-13:30	Lunch – Served on the Veranda		

13:30-15:00	Breakouts		
Optimist B	<ul> <li>Infusing Joy in Our Ethical Framework of Leadership and Caring Melissa A. Fitzpatrick, MSN, RN, FAAN President, Kirby Bates Associates</li> </ul>		
Discovery	<ul> <li><u>The Healing Power of Storytelling: Sharing Our Work, Our Words, and Our</u> <u>Humanity</u> JoAnne Auger, RN, CHPPN Caritas Coach<sup>©</sup> Supportive Care Nurse Coordinator, Rady Children's Hospital</li> </ul>		
Catalyst	<ul> <li>Destigmatizing Substance Abuse Disorder in Nursing Nancy Blake, PhD., RN, NEA-BC, FACHE, FAONL, FAAN Chief Nursing Officer, Angeles General Medical Center Associate Adjunct Professor, UCLA School of Nursing</li> </ul>		
Optimist A	<ul> <li>Early Arrivals: What Premature Birth Can Teach Us About Being Human Sarah DiGregorio Author</li> <li>Elizabeth Kohlberg, MSHCE, BSN, RN, HEC-C St Louis Children's Hospital</li> </ul>		
Exploratory	<ul> <li>How Ethical Challenges Shape Who We Hope to be as Nurses Lucia D. Wocial, PhD, FAAN, RN, HEC-C Senior</li> <li>Clinical Ethicist and Assistant Director, John J. Lynch, MD Center for Ethics Senior Affiliate Faculty,</li> <li>Charles Warren Fairbanks Center for Medical Ethics, Indiana University Heal Adjunct Professor, Georgetown University School of Nursing</li> </ul>		
Illumination	<ul> <li>Nursing Ethics Programs: Meaning, Purpose, &amp; Magnet Too Heather Fitzgerald, DBe, MS, RN, HEC-C Director, Office Professional Fulfillment &amp; Resilience, Stanford Children's Health</li> <li>Karen Jones MS, RN, HEC-C Clinical Ethics Program Manager, Children's Hospital Colorado Faculty, CU Center for Bioethics and Humanities and CU School of Medicine Angela Knackstedt, BSN, RN, NPD-BC Program Manager, Health Literacy &amp; Nursing Bioethics &amp; Director, Certificate Program in Pediatric Bioethics, Children's Mercy Kansas City</li> </ul>		

15:00-16:00 Centennial Ballroom	Interview with recipients for the ANA DAISY Awards <sup>®</sup> for Ethics in Nursing Practice and Leadership Liz Stokes, PhD, JD, RN Director, Center for Ethics and Human Rights American Nurses Association Joined by Bonnie and Mark Barnes, Co-founders of the DAISY Foundation and Cynda Rushton, PhD, MSN, BSN, RN, FAAN, John Hopkins School of Nursing	
16:00-16:15	Break - Coffee, Tea & Snacks	
16:15-16:40 Centennial Ballroom	Ethics of Caring: Inspiring a Future Dialogue for Nursing Ethics Moderated by D. Wolfe, Ph.D., RN, HEC-C, Director of Ethics, Clinical Ethics Department, Children's Minnesota	
16:40-17:25 Centennial Ballroom	Closing: Lessons from the Rearview Mirror Brenda Barnum, MA Bioethics, BSN, RNC-NIC, HEC-C Clinical Ethicist & RN Clinical Supervisor in NICCU Children's Hospital Los Angeles	
17:25-17:30 Centennial Ballroom	Evaluation and Closing Comments	

# Breakout Speakers

JoAnne Auger, RN, CHPPN,	Nancy Blake, Phd., RN, NEA-BC, FACHE, FAONL, FAAN	Brian P. Cyr, MSN, RN-BC
Anna Dermenchyan,	Joan Henriksen,	Heather Fitzgerald,
PhD, RN, CCRN-K, CPHQ	PhD, RN, HEC-C	DBe, MS, RN, HEC-C
Elizbeth Johnston Taylor, PhD, RN, FAAN	Karen Jones, MS, RN, HEC-C	Angela Knackstedt, BSN, RN, NPD-BC
	RELCOME	Elizabeth Kohlberg, MSHCE, BSN, RN, HEC-C
Erin Marturano, MBE, MSN, RN	Ellen M. Robinson, RN, PhD, HEC-C, FAAN	

# 2024 National Nursing Ethics Conference Poster Presenters

#### Vanessa Amos

"Moral Distress Consultation Services: Insights from consultants" by Vanessa Amos, MSN, RN, CNL; Phyllis Whitehead, PhD, APRN, ACHPN, PMGT-BC, FNAP, FCNS, FAAN; Beth Epstein, PhD, RN, HEC-C, FAAN

#### **Jennifer Bartlett**

"Teaching moral agency: A model for education" by Jennifer L. Bartlett, PhD, RN-BC, CNE, CHSE; Catherine E. Robichaux, PhD, RN

#### **Dyane Bunnell**

"A Moral Distress Consult Service in the Pediatric Intensive Care Unit" by Dyane Bunnell, DNP, APRN, AOCNS, CPON, NPD-BC

#### **Helen Chapple**

"Help wanted in maintaining humanity: Technology, ICU nurses and death" by Helen S. Chapple, PhD, MA, MSN; Megan Gillen, RN

#### Julia Chou

"The nature of ethical conflicts and moral distress in the NICU and PICU" by Julia Chou, BSN, RN; Carol Lynn Pillsbury Pavlish, PhD, RN; Katherine A. Brown-Saltzman, MA, RN

#### Darcy Copeland (2 posters)

"A hospital-based inter-disciplinary ethics fellowship" by Darcy Copeland, PhD, RN

"A model of moral ecology in nursing" by Darcy Copeland, PhD, RN

#### **Kara Curry**

"The 2025 Code of Ethics for Nurses: Relational, iterative, and forward-thinking" by Kara Curry, MA, RN,

#### **Hilary Gorgol**

"An educational program to address levels of moral distress in inpatient oncology nurses" by Hilary Gorgol, BSN, RN CHPN; Ellen Robinson PhD, RN; Katharine M Gerne MA, M. Div, BCC; Jennifer Mulqueen M. Div; Christine Marmen MEd, MSN, RN, OCN; Lauren DeMarco LISCW, ACHP-SW; Debra Lundquist PhD, RN

#### **Katy Hall**

"Exploring nurses' perceptions of mattering within the hospital work environment" by Katy Hall, PhD candidate, MSN, RN; Beth Epstein, PhD, RN, HEC-C, FAAN

#### Shika Kalevor

"Everyday ethics and equity at the bedside" by Shika Kalevor, MBE, BSN, RN; Angela Knackstedt, BSN, RN, NPD-BC

#### **Elizabeth Kantor**

"Crafting ethical cultures and cultivating moral agency in clinical environments to promote resiliency practices" by Elizabeth Kantor, BSN, RN, HEC-C

#### Erin Keith-Chancy (2 posters)

"Integration of trauma-informed practices for end-of-life care in the NICU" by Erin Keith-Chancy DNP (c) "Seeing beyond ourselves: Using VR with activity bundles to inspire perspective-taking and expand moral agency" by Erin Joy Keith-Chancy DNP(c)

#### **Erin Marturano**

"Supporting nurse leaders with ethics education & amp; leadership development" by Erin Marturano, MBE, MSN, RN, HEC-C; Aliza Narva, JD, MSN, RN, HEC-C; Meghan Fitzpatrick, DNP, RN, NEA-BC; Christina Salemo, DNP, RN, AGCNS-BC

#### Sarah Merkle

"Role of nursing leadership in supporting nurses with moral distress" by Kelly Sanchez MSN OCN; Sarah Merkle MSN RN CNS-BC NE-BC

#### **Alyssa Morris**

"Strategies to enhance resilience for nurses in pediatric acute care settings" by Alyssa Morris, Ph.D.; Seirra Kuzava, Ph.D.; Karolina Grotkowski Reed, Ph.D.; Corrina Klein, Ph.D.; Alyssa Palmer, Ph.D;, Agustina Bertone, Ph.D.; Catherine Mogil, PsyD

#### Joyce Neumann

"Development of a program to promote nurses' moral agency and empower them to identify and assist in the resolution of ethical issues" by Joyce L. Neumann, PhD, AOCN, HECOC, FAAN

#### Laura Nold

"Enhancing student confidence and competence in ethical decision making to reduce burnout" by Laura Nold, MSN, RN, CPN, CNE

#### Linda Olson

"Ethical climate as a force for nurse retention and moral agency" by Linda L. Olson, PhD, RN, NEA-BC, FAAN

#### **Caitlin Reaves**

"Impact of staffing models on nurse well-being" by Caitlin Reaves, BSN, RN, CPN; Kaitlyn Trevino, MSN, APRN, ACCNS-P, CPN; Jessica Roumillat, MA, LCSW, HEC-C; Elaine Beardsley, MN, ACCNS-P

#### Jessica Rong

"Providing nurse residents the tools to recognize and respond to ethical dilemmas in practice" by Jessica Rong, MSN, RN, CCRN

**Christine Samual-Nakamura** 

"Ethics in conducting empirical research with American Indians" by C. Samuel-Nakamura, PhD and Felicia Schanche Hodge, DrPH.

#### **Bettina Shank**

"Everyone matters! Nurses leading the way through the ethical principles of practicing CIVILITY" by Bettina Shank DNP, RN, CNE; Amy Black DNP, APRN, FNP-C; Eve Rice DNP, MSN, CPNP-PC

#### Felicia E. Stokes

"Empowering nurses' moral agency in the care of persons with IDD" by Catherine E. Robichaux, PhD, RN; Kathleen M. Fisher, PhD, CRNP; Felicia E. Stokes, MA, JD, RN; Jeanie L. Sauerland, MA, RN

#### Sandi Strome

"Multidisciplinary collaborative ethics education program at an academically affiliated federal healthcare system" by Sandi Strome, MSN, PHN, RN; Elissa Brown, MSN, RN, PMHCNS-BC; Jason Overby, MS, GNP-BC, HEC-C; Robert Simonet, Jr., MPA, VHA-CM

#### Sarah Sumner

"Moral Injury and moral resilience among ICU nurses: Differences by ethics activities" by Sarah Sumner PhD RN CCRN OCN CHPN; Eva Ahmad BSN RN CCRN; Karis Pickett BSN RN CCRN

#### **Lieutenant Whitlock**

"The vulnerability of cancer: nurses bringing expertise to patients with urgent needs" by Kimberly J. Whitlock, DNP, FNP-C, ACNP-BC; Daniela J. Casbourne, FNP-BC, AGACNP-BC, AOCNP; Ashley Glenn, MSN, RN, CNL; Tricia Mignott, BSN, RN, BMTCN

#### Ian Wolfe

"Intractable conflict in pediatric critical care: A case examination and analysis of futility" by Ian D. Wolfe, PhD, RN, CCRN

# **Ethics of Caring National Planning Committee**

Co-chair – \*Katherine Brown-Saltzman MA, RN,

UCLA School of Nursing, Lecturer, DNP Program, UCLA Health Ethics Center (Retired) Co-chair – Angela (Angie) Knackstedt, BSN,RN,NPD-BC, Children s Mercy Kansas City

\*Brenda Barnum, MA(Bioethics), BSN, RNC-NIC, HEC-C, Children s Hospital Los Angeles \*Elissa Brown MSN, RN, PMHCNS-BC, Retired, Greater Los Angeles VA Nancy Jo Bush, DNP, MA, RN, AOCN, FAAN, UCLA School of Nursing Brian P. Cyr, MSN, RN-BC, Massachusetts General Hospital Sarah Delgado, DNP, RN, ACNP, American Association of Critical Care Nurses \*Anna Dermenchyan, PhD, RN, CCRN-K, CPHQ, UCLA Department of Medicine Kathy DuBois MSN, RN, NPD-C., Children s National Hospital Heather Fitzgerald, DBe, RN, HEC-C, Stanford Children s Health/Lucile Packard Children s Hospital Stanford \*Linda Gorman MN, RN, PMHCNS-BC. FPCN, Retired, Cedars-Sinai Medical Center Karen Jones MS, RNC, HEC-C, Children s Hospital Colorado Beth Kohlberg, MSHCE, BSN, RN, HEC-C, St Louis Children s Hospital Erin Marturano, MBE, MSN, RN, HEC-C, Hospital of the University of Pennsylvania Ellen Robinson PhD, RN, Massachusetts General Hospital Stacy C. Smith, MA, MLS, BSN, RN, HEC-C, National Center for Ethics in Health Care Carol Taylor, PhD, MSN, RN, FAAN, Georgetown University Mary Walton MSN, MBE, RN, HEC-C, FAAN, University of Pennsylvania Ian Wolfe, PhD, MA, RN, HEC-C, Children s Minnesota

\*Long-standing members of the Ethics of Caring Committee

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**Scholarships** 

- Hospice and Palliative Nursing Foundation has provided marketing support and a scholarship for a member of Hospice and Palliative Nurses Association
- Ann Hamric Memorial Scholarship Hamric Family Funding and donors
- NNEC Scholarships Carol Taylor Awards, Connie Ulrich Award
- Ethics of Caring NNEC Scholarships, Ana Ethics Education Scholarship, Andrew Jameton Scholarship, Fitzgerald Foundation Standford Children's Health Scholarship

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